

**HEALTHY CHOICE FOODS - GREEN SANDWICHES AND WRAPS**

**SANDWICHES – WHOLEMEAL or GLUTEN FREE BREAD 10" WRAPS**

FILLINGS	SANDWICH		WRAP	
	Fresh	Toasted	Fresh	Toasted
Baked Beans	-----	-----	3.00	3.30
Cheese	2.50	2.80	2.70	3.00
Cheese & Tomato	3.00	3.30	3.20	3.50
Chicken	3.50	3.80	3.70	4.00
Chicken & Cheese	4.00	4.30	4.20	4.50
Ham	2.50	2.80	2.70	3.00
Ham & Cheese	3.00	3.30	3.20	3.50
Ham, Cheese & Tomato	3.50	3.80	3.70	4.00
Salad-Lettuce, Carrot, Tom	2.70	NA	2.90	NA
Tuna & Mayo	3.70	4.00	3.90	4.20
Vegemite	2.20	2.50	2.40	2.70
Vegemite & Cheese	2.70	3.00	2.90	3.20
Avocado	70c			
Capsicum	50c			
Cheese	50c			
Mayonnaise	50c			
Pineapple	50c			
Salad (lettuce, carrot,tomato)	80c			
Spinach	50c			
Tomato	50c			
Dairy Free Cheese	80c			
<b>Gluten Free BREAD</b>	<b>70c Extra</b>			

**SPECIALTY WRAPS**

	FRESH	TOASTED
<b>Eaton Special</b> Chicken, Avocado, Cheese, Tomato, White Pepper	5.00	5.30
<b>Mexican Magic</b> Chicken, Avocado, Cheese, Salsa	4.70	5.00
<b>Hot Chickety</b> Chicken, Spinach, Cheese, Mild Peri Peri Sauce	4.70	5.00

**SOMETIMES FOODS - AMBER**

**SNACK OR SALAD BOXES**

<b>Veggie Snack Box</b> –Cheese, crackers, carrot sticks, cherry tomatoes & capsicum	3.50SML 4.00LGE GF + 20c
<b>Cheese &amp; Cracker Fruit Snack Box</b> Two Fruits or Peaches Cup	3.80 GF +20c
<b>Salad Box –Ham or Chicken</b>	5.00
<b>Salad Box – Ham or Chicken with Cheese.</b> Lettuce, Carrot and Tomato	5.50

<b>Fried Rice Vegetarian</b> <i>Gluten Free</i>	4.50
<i>Add chicken to Fried Rice</i>	+50c
<b>Jacket Potato with Baked Beans</b>	4.30
<b>Jacket Potato with Cheese</b>	3.80
<b>Jacket Potato with Chicken &amp; Mayo</b>	5.00
<b>Jacket Potato with Salsa &amp; Cheese</b>	4.30
<b>Jacket Potato with Tuna &amp; Mayo</b>	5.00
<b>Pasta-Mondays &amp; Wednesdays only</b>	
<b>Macaroni Cheese</b>	4.00
<b>Macaroni Cheese</b> <i>Gluten Free</i>	4.50
<b>Pasta Bolognese</b>	4.50
<b>Pasta Bolognese (NO CHEESE)</b>	4.00
<b>Pasta Bolognese</b> <i>Gluten Free</i>	5.00
<b>Pasta Bolognese</b> <i>GF (NO CHEESE)</i>	4.50

<b>Fruit Cup – Peaches or Two Fruits</b>	2.00
<b>Carrot Sticks \$1.00 Cucumber or Capsicum</b>	1.50
<b>Veggie Sticks Combo(carrot,cucumber,caps)</b>	1.50
<b>Yoghurt – Vanilla or Strawberry</b>	2.00

**DRINKS – LUNCHTIME ONLY**

<b>BROWNES Choc Chill 300ml</b>	2.80
<b>Nippy's Milks (250ml)</b>	2.50
<b>CHOC- STRAWBERRY-HONEYCOMB</b>	
<b>JUICE 99% - Apple or Orange</b>	2.00
<b>Water</b>	2.00

**DAILY SPECIALS**

**MONDAY**

<b>Hamburger</b>	<b>\$4.00</b>
<b>Cheeseburger</b>	<b>\$4.50</b>
<b>Add Salad</b>	<b>80c</b>
<b>Gluten Free bun</b>	<b>+\$1.00</b>

**WEDNESDAY**

<b>PIZZA- Cheese</b>	<b>3.50</b>
<b>PIZZA- Ham &amp; Cheese</b>	<b>4.00</b>
<b>PIZZA – Hawaiian</b>	<b>4.50</b>

**G/F PIZZA option (no extra cost)**  
**Dairy Free Cheese +30c**

**FRIDAY**

<b>Sushi – 5 pieces</b>	
<b>Crispy Chicken</b>	<b>5.90</b>
<b>Tuna &amp; cucumber</b>	<b>5.60</b>
<b>Vegetarian- carrot &amp; cucumber</b>	<b>5.60</b>
<b>Cruiser Pie</b>	<b>4.30</b>
<b>Party Pie</b>	<b>1.50</b>
<b>Sausage Roll</b>	<b>3.30</b>
<b>TOMATO SAUCE</b>	<b>50c</b>
<b>G/F Party Pie</b>	<b>1.70</b>
<b>G/F Mini Sausage Roll</b>	<b>1.70</b>

**RECESS** –In house baked muffins, scones, pikelets, cheesies, nachos & more. Yoghurt cups. Priced from 50c to \$2

**LUNCHTIME TREATS- Ice creams & Icy Poles, prices from \$1.00 to \$2.00**

**Please note:** **Gluten Free** meals are GF by ingredients & carefully prepared on a separate bench, in a kitchen that produces gluten containing products also.