

HEALTHY CHOICE FOODS - GREEN SANDWICHES AND WRAPS

SOMETIMES FOODS - AMBER SNACK OR SALAD BOXES

DAILY SPECIALS

MONDAY

- Chicken Soup & Noodles \$4.50**
- Cottage Pie \$5.00**
(beef, vegetables & mash potato)
- Pumpkin Soup & bread roll \$3.50**

WEDNESDAY

- PIZZA- Cheese 3.50**
- PIZZA- Ham & Cheese 4.00**
- PIZZA - Hawaiian 4.50**
- G/F PIZZA option (no extra cost)**
- Dairy Free Cheese +30c**

FRIDAY

- Sushi - 5 pieces**
- Crispy Chicken 5.90**
- Tuna & cucumber 5.60**
- Vegetarian- carrot & cucumber 5.60**
- Cruiser Pie 4.30**
- Party Pie 1.50**
- Sausage Roll 3.30**
- TOMATO SAUCE 50c**
- G/F Party Pie 1.70**
- G/F Mini Sausage Roll 1.70**

RECESS -In house baked muffins, scones, pikelets, cheesies, nachos & more. Yoghurt cups. Priced from 50c to \$2
LUNCHTIME TREATS- Ice creams & Icy Poles, prices from \$1.00 to \$2.00
Please note: Gluten Free meals are GF by ingredients & carefully prepared on a separate bench, in a kitchen that produces gluten containing products also.

SANDWICHES - WHOLEMEAL or GLUTEN FREE BREAD 10" WRAPS

FILLINGS	SANDWICH		WRAP	
	Fresh	Toasted	Fresh	Toasted
Baked Beans	-----	-----	3.00	3.30
Cheese	2.50	2.80	2.70	3.00
Cheese & Tomato	3.00	3.30	3.20	3.50
Chicken	3.50	3.80	3.70	4.00
Chicken & Cheese	4.00	4.30	4.20	4.50
Ham	2.50	2.80	2.70	3.00
Ham & Cheese	3.00	3.30	3.20	3.50
Ham, Cheese & Tomato	3.50	3.80	3.70	4.00
Salad-Lettuce, Carrot, Tom	2.70	NA	2.90	NA
Tuna & Mayo	3.70	4.00	3.90	4.20
Vegemite	2.20	2.50	2.40	2.70
Vegemite & Cheese	2.70	3.00	2.90	3.20
Avocado	70c			
Capsicum	50c			
Cheese	50c			
Mayonnaise	50c			
Pineapple	50c			
Salad (lettuce, carrot,tomato)	70c			
Spinach	50c			
Tomato	50c			
Dairy Free Cheese	80c			
Gluten Free BREAD	70c Extra			

SPECIALTY WRAPS

	FRESH	TOASTED
Eaton Special Chicken, Avocado, Cheese, Tomato, White Pepper	5.00	5.30
Mexican Magic Chicken, Avocado, Cheese, Salsa	4.70	5.00
Hot Chickety Chicken, Spinach, Cheese, Mild Peri Peri Sauce	4.70	5.00

Veggie Snack Box -Cheese, crackers, carrot sticks, cherry tomatoes & capsicum	3.50SML 4.00LGE GF + 20c
Cheese & Cracker Fruit Snack Box Two Fruits or Peaches Cup	3.80 GF +20c
Salad Box -Ham or Chicken	5.00
Salad Box - Ham or Chicken with Cheese. Lettuce, Carrot and Tomato	5.50

Fried Rice Vegetarian <i>Gluten Free</i>	4.50
Add chicken to Fried Rice	+50c
Jacket Potato with Baked Beans	4.30
Jacket Potato with Cheese	3.80
Jacket Potato with Chicken & Mayo	5.00
Jacket Potato with Salsa & Cheese	4.30
Jacket Potato with Tuna & Mayo	5.00
Pasta-Mondays & Wednesdays only	
Macaroni Cheese	4.00
Macaroni Cheese <i>Gluten Free</i>	4.50
Pasta Bolognese	4.50
Pasta Bolognese (NO CHEESE)	4.00
Pasta Bolognese <i>Gluten Free</i>	5.00
Pasta Bolognese <i>GF (NO CHEESE)</i>	4.50

Fruit Cup - Peaches or Two Fruits	2.00
Carrot Sticks \$1.00 Cucumber or Capsicum	1.50
Veggie Sticks Combo(carrot,cucumber,caps)	1.50
Yoghurt - Vanilla or Strawberry	2.00

DRINKS - LUNCHTIME ONLY

BROWNES Choc Chill 300ml	2.80
Nippy's Milks (250ml)	2.50
CHOC- STRAWBERRY-HONEYCOMB	
JUICE 99% - Apple or Orange	2.00
Water	2.00